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Kamome™ White Kale

Brassica oleracea var. acephala 'Kamome White'



Kamome White Kale
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 12 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

Other Names: Ornamental Kale

Group/Class: Kamome Series

Description:

This ornamental variety produces a beautiful dense rosette of foliage that is more white toward the center, framed by sea green mature leaves; a stunning garden accent, or may be used as a container focal point; great late fall and early winter color

Edible Qualities

Kamome White Kale is an annual vegetable plant that is commonly grown for its edible qualities. The crinkled round bluish-green leaves with showy creamy white variegation are usually harvested from mid summer to mid fall. The leaves have a bitter taste.

The leaves are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Kamome White Kale will grow to be about 12 inches tall at maturity, with a spread of 12 inches. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.

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Kamome White Kale is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a canvas of foliage against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.